

## 2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 39: Participation in School Physical Education and Organized Sports among California Adolescents**

Do you currently take physical education class in school?

How many times a week do you have physical education class in school?

Other than physical education class, are you currently involved in any team or individual sports or activities such as competitive school team sports, intramural sports, or out-of school programs?

	<b>Taking Physical Education in School<sup>1</sup>, Percent of Adolescents</b>	<b>Mean Reported Days of Physical Education per Week<sup>2</sup></b>	<b>Involved in Organized Sports<sup>1</sup>, Percent of Adolescents</b>
<b>Total</b>	<b>76</b>	<b>4.4</b>	<b>58</b>
<b>Gender</b>			
Males	77	4.4	61 *
Females	76	4.4	55
<b>Ethnicity</b>			
White	75	4.3	66 ***
African American	78	4.3	54
Latino	78	4.5	52
Asian/Other	74	4.5	51
<b>Gender by Age</b>			
<b>Males</b>			
12-13	93 ***	4.2 <sup>a</sup> **	69 *
14-15	83	4.5 <sup>b</sup>	60
16-17	55	4.6 <sup>b</sup>	56
<b>Females</b>			
12-13	92 ***	4.3	59
14-15	83	4.4	53
16-17	53	4.3	54
<b>Smoking Status</b>			
Non-Smokers	78 ***	4.4	60 ***
Smokers	59	4.5	37
<b>Physical Activity Status</b>			
Regular	79 ***	4.5 ***	61 ***
Irregular	65	3.9	47
<b>Overweight Status</b>			
Not at Risk	76	4.4	59
At Risk/Overweight	76	4.5	57

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

<sup>1</sup> Chi Square Test

<sup>2</sup> ANOVA

\* p<.05

\*\* p<.01

\*\*\* p<.001